

Wednesday, 6 October 2021, 9am – 12 o'clock
Thursday, 7 October 2021, 9am – 12 o'clock

Remote workshop

Svenja Neupert

Agile project management II: Time and self management for scientists

Content

Day 1: Self management

- Review of project management
- Basics of self-leadership for project management (stress reduction, focus and overview)
- Ground rules of time management
- Your personal inner strategies and work organization

Day 2: Time and team management in a project

- Agile project planning in fast-moving times (How to help the partners having a better time management)
- Time management and different working styles/personalities within the team
- Productive workload management within the project

Methods:

Input, discussions, small group work.

The event is aimed at female PhD students and postdoctoral researchers, max. 16 participants.

About the trainer

Svenja Neupert, a speaker, coach, trainer, and organisational consultant, is an expert on Future Leadership for more than 25 years. Svenja will help you to discover unconventional approaches to your thinking and coach you to follow your talents. She believes that everyone can realize his or her unique potential in business life and have fun and fulfilment at work. (www.kompetenzia-international.com/)

Registration deadline: 29 September: petra.metz@hu-berlin.de
Zoom link shared after registration