



30 October 2025, 5-6:30 p.m. | online

Threads That Shape Us

WINS Circle Meeting with Dr. Cathy Sorbara

In this session, we will explore the threads of our past selves and how they are woven into who we are today. We will reflect on the skills, memories, and identities we carry as scientists and how they continue to shape the women we are becoming. Together, we will share stories of transformation and uncover the ways in which our past experiences live within us, creating strength, continuity, and purpose in the present.

Dr. Cathy Sorbara is a neuroscientist who worked for 10 years as a researcher in academia in Canada and Germany, studying neurodegenerative diseases. Following an expedition to Antarctica, she decided to shift career paths to focus on environmental issues. Now, she supports non-profits in strategy development and impact measurement. Cathy is also passionate about empowering the voices of women and girls to create a more gender just society.

The event is aimed at current female doctoral and postdoctoral researchers and WINS alumnae, max. 40 participants.

Please [register](#) until 27 October

Zoom link shared after registration