



5.12.2024, 13.00 – 17.00

Maria Velte & Sylvana Jahre

Workshop “Embracing failure and challenging performance pressure in academia”

Venue: Humboldt-Kabinett, Rudower Chaussee 25, 12489 Berlin, 1st floor

Have you ever felt inhibited in your academic pursuits? Have you ever felt embarrassed after giving a presentation? Have you felt out of the loop because you haven't read the latest academic literature that everyone else seems to be referring to? Or maybe you're impressed by the impressive progress of your peers and wonder why your efforts aren't producing the same results?

In this workshop we want to create a space for what is usually silenced in academia. Inspired by feminist debates around body shaming and body neutrality, diversity and/ or positivity, we want to talk about academic shaming. We understand it as a set of emotions and thoughts when engaging with and representing our own research.

In order to engage with academic shame, we want to create individual collages of shame. Using texts, images, data, newspapers, etc., we can glue and create. These collages will be used to become aware of our own discomfort and to recognise similar experiences in others. Building on this, we can try to develop empathic ways of dealing with shame and failure, to recognise it as valuable, to reinterpret it or to free ourselves from it.

It is important to us to create a safer space, so we reject any sexism, racism, misogyny or other discriminatory behaviour. We have no therapeutic training and see the workshop as a shared space of solidarity that challenges conventional expectations of academic performance.

Language: English

Number of Participants: max.12

Target Group: Female Researchers (Master, PhD and Postdoc level)

Attendance: Only in Person

Please bring any material like flyers, free magazines, newspapers, etc.

[Please register by 26.11.2024](#)