



19 October 2023, 13:00-14:30

Online Workshop

Dr. Cathy Sorbara

Discover the Power of Authentic Leadership

In today's fast-paced and ever-changing world, where it is becoming increasingly difficult to know the difference between what is real and what is not, authenticity is becoming a critical trait that sets exceptional leaders apart. Authentic leaders embrace their unique strengths, values and experience, fostering an environment of trust, transparency and inclusivity. This webinar will lead you through leadership theory, personal experience and practical strategies for authentic leadership.

Topics will include:

- Understanding the Core Principles of Authentic Leadership
- Connecting your internal values to your external behaviour
- Cultivating Self-Awareness and Emotional Intelligence
- Building Trust and Collaboration in Your Team
- Communicating Authentically and Effectively

Bring your energy, curiosity and an open-mind for this engaging session.

Dr. Cathy Sorbara is a neuroscientist who worked for 10 years as a researcher in academia in Canada and Germany, studying neurodegenerative diseases. Now, she is involved in several non-profits where she works to establish key project management methodologies as well as develop communication material and workshops to create an impact both locally and globally. Cathy is passionate about helping people and businesses be more sustainable and empowering the voices of women and girls to create a more gender just society.

The event is aimed at female PhD students and postdoctoral researchers, max. 30 participants.

Please register until 10 October: <https://fakultaeten.hu-berlin.de/en/mnf/wisskar/wins-adlershof/training/registrierung-2>

Zoom link shared after registration