



30 November 2023, 9:30-17:00

Workshop

Dr. Neela Enke

Professional Communication

Venue: Humboldt-Kabinett, Rudower Chaussee 25, 12489 Berlin, 1st floor

Goals and contents

Communication is a key competence for success both in the professional as well as in the personal life. This is particularly true during a PhD, as the participants have to navigate through this career phase in a highly complex academic work environment, shaped by formal and informal hierarchies, nuanced academic cultures as well as micro-politics.

This workshop supports participants to develop constructive and effective forms of communication, so they will be able to maintain these even in challenging situations or, e.g. conflicts.

We will also discuss gendered communication and the participants can develop strategies how to deal with this particular challenge.

The workshop will address the following topics:

- Basics of professional communication (concepts, approaches, methods)
- "Typical" communicative situations in the PhD/ postdoc phase
- Asking for feedback and coping with the results
- Dealing with hierarchies, dependencies and (e.g. gender-specific) attributions

Methods

- Input from trainer
- Self-reflection through guided exercises
- Group exchange
- Working with situations from the everyday life of the participants

About the trainer

Dr. Neela Enke holds a doctorate in Biology and has over 10 years experience as a researcher and leader in several European research institutions. She is also a coach for PhD students, Postdocs, university employees and teams. As a trainer she offers workshops on career development in Science as well as diversity and conflict management. She is also a trained mediator with a focus on conflicts in research organisations (<http://www.scienza-berlin.de/>).

The event is aimed at female PhD students and postdocs, max. 12 participants.

Please register until 15 November: <https://fakultaeten.hu-berlin.de/en/mnf/wisskar/wins-adlershof/training/registrierung-2>